

Come to the quiet.....

“Rising very early before dawn, Jesus left and went off to a deserted place to pray.” Mk 1:35



In our noisy fast paced lives, it is often hard to hear God's voice!

- Are you longing for a moment to be still and listen?
- Are you yearning to be renewed and grow in faith?
- Are you looking for peace to face daily challenges?

Come join us for a 5 Week Experience of
Catholic Lenten Meditative Prayer

Mondays: March 6 -April 10 from 7-8 PM

Or

Tuesdays: March 7 -April 11 from 9:15 -10:15 AM

Both sessions meet in the chapel.
Please enter and sign in at the school office door Bl.
NEW and RETURNING students are welcome!

Course: \$ 30.00, make checks payable to St. James

Sessions will be led by parishioner Joy Anderson who has been leading meditative prayer for 25 years.

To register please contact Joy at : 224.315.9507 or joyjoannaa@gmail.com